Track: 2018-09-15 La cresta del M. Vettore — **Date: 15/09/2018**

Track: 2018-09-15 La cresta del M. Vettore	**IBP = 161 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	17.25 Km
Analyzed distance	17.25 Km
Lineal distance	0 Km

Accumulated climb	1576.8 m
Accumulated descent	1578.3 m
Maximum height	2470.7 m
Minimal height	1551.7 m
Climb rate	18.18 %
Descent rate	18.72 %
Positive climb difference per	91.41 m
Negative descent difference per	91.5 m

Total time	7:10:02 h
Time in movement	5:44:33 h
Stopped time	1:25:29 h

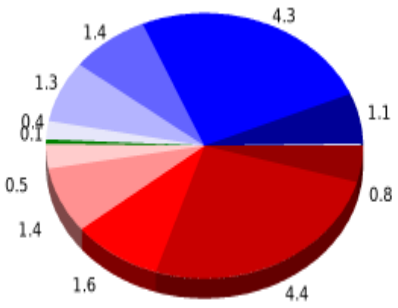
Total speed average	2.41 Km/h
Average speed in movement	3 Km/h
Maximum held speed	5.57 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1316 (cad. 13.11 m)
Significant points	472 (cad. 36.7 m / 35.87 %)
Aberrant points	16 (1.22 % d. total)

Direction changes per	13.16
Direction changes >5° per	10.26
Accumulated straight stretches	2.841 Km
Straight stretches per	164.7 m
Penalizables slope changes	6
Penalizables slope changes per	0.348

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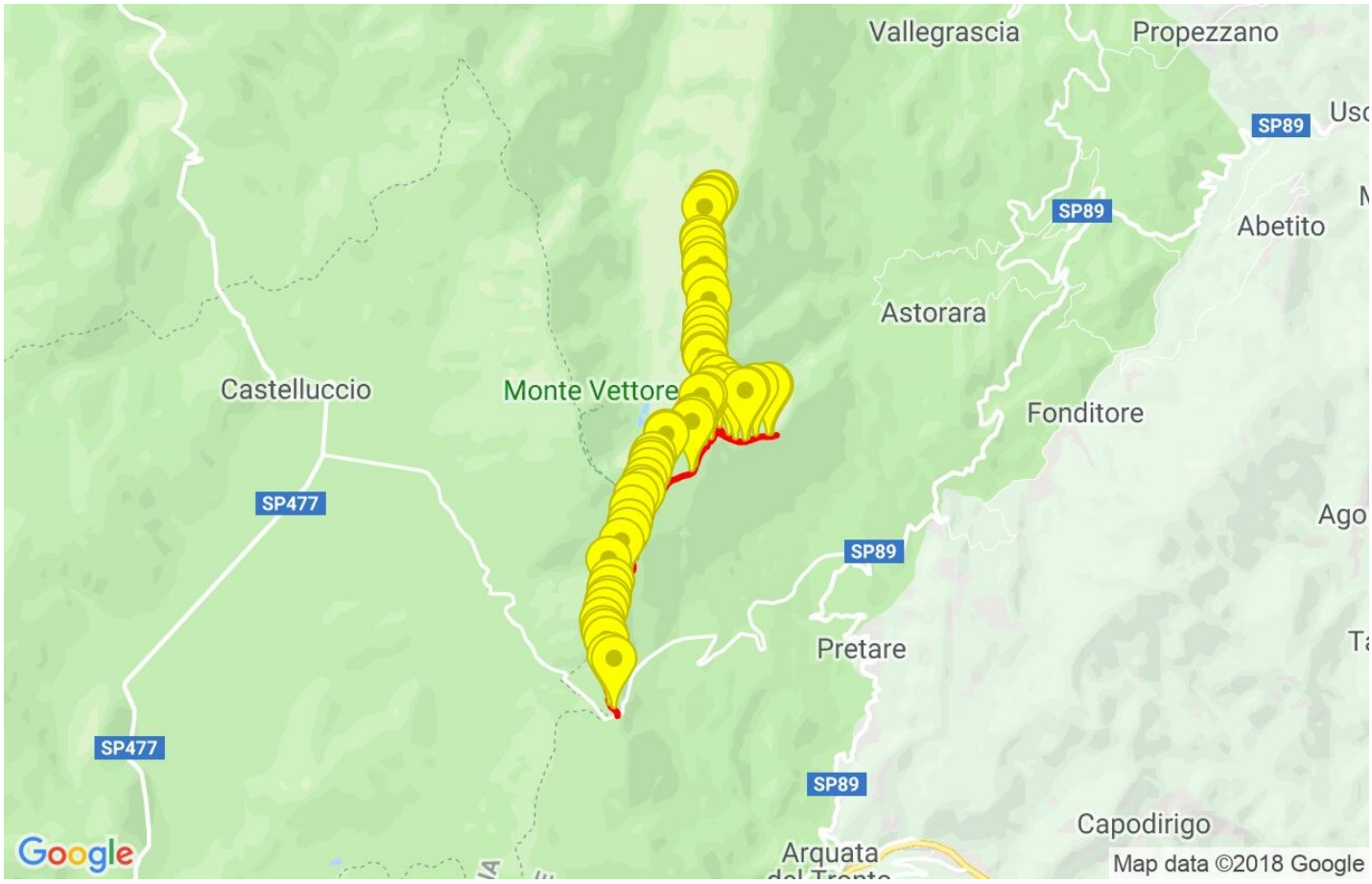
Summary of slopes

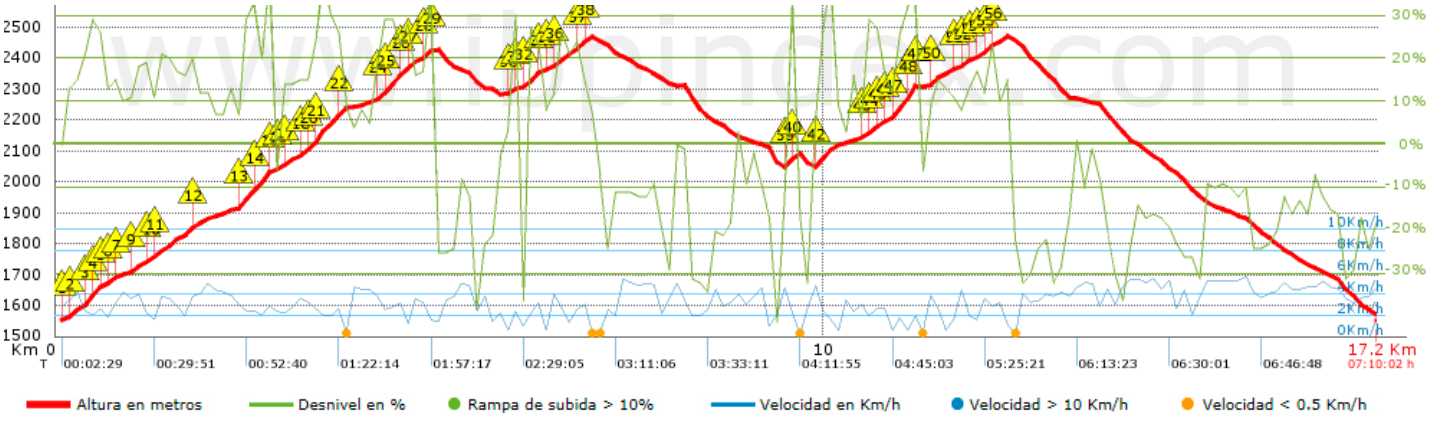


	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0.79	4.58	1.87	0:25:19
	Between 15 and 30%	4.405	25.53	2.33	1:53:17
	Between 10 and 15%	1.572	9.11	3.03	0:31:09
	Between 5 and 10%	1.437	8.33	3.59	0:24:02
	Between 1 and 5%	0.472	2.74	4.63	0:06:07
	Total :	8.675	50.29	2.6	3:19:54
	Plain				
	Difference of 1%	0.144	0.84	2.36	0:03:40
	Breakdown descents				
	Between 1 and 5%	0.365	2.11	4.15	0:05:16
	Between 5 and 10%	1.341	7.77	4.27	0:18:49
	Between 10 and 15%	1.373	7.96	4.36	0:18:53
	Between 15 and 30%	4.25	24.63	3.57	1:11:20
	Between 30% and 55%	1.104	6.4	2.48	0:26:41
	Total :	8.432	48.88	3.59	2:20:59
	Total track :	17.25	100 %	3	5:44:33

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Steep slopes > 10%

Steep slope	Mileage point	Average slope	Interval
1	0.102	14 %	69 m
2	0.171	20 %	231 m
3	0.402	30 %	110 m
4	0.512	21 %	37 m
5	0.548	20 %	120 m
6	0.668	14 %	141 m
7	0.927	11 %	44 m
8	0.97	17 %	225 m
9	1.195	14 %	110 m
10	1.305	20 %	462 m
11	1.767	12 %	296 m
12	2.352	27 %	210 m
13	2.562	24 %	182 m
14	2.745	21 %	121 m
15	2.905	16 %	104 m
16	3.009	17 %	148 m
17	3.156	19 %	98 m
18	3.254	18 %	42 m
19	3.296	22 %	76 m
20	3.372	29 %	340 m
21	3.712	32 %	32 m
22	4.136	18 %	43 m
23	4.179	24 %	40 m
24	4.219	26 %	288 m
25	4.507	28 %	65 m
26	4.572	17 %	217 m

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27	4.789	24 %	34 m
28	4.823	29 %	72 m
29	5.923	12 %	172 m
30	6.095	26 %	135 m
31	6.23	23 %	35 m
32	6.264	11 %	127 m
33	6.391	12 %	112 m
34	6.503	18 %	213 m
35	6.716	24 %	115 m
36	6.832	18 %	111 m
37	9.489	24 %	40 m
38	9.529	35 %	112 m
39	9.872	18 %	34 m
40	9.906	32 %	183 m
41	10.502	13 %	38 m
42	10.54	21 %	106 m
43	10.646	19 %	140 m
44	10.786	17 %	69 m
45	10.855	30 %	254 m
46	11.109	41 %	39 m
47	11.148	35 %	36 m
48	11.357	16 %	319 m
49	11.769	17 %	118 m
50	11.887	12 %	113 m
51	12	15 %	108 m
52	12.108	28 %	34 m
53	12.142	18 %	189 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	6870.349	39.83	2:26:54	2.81	0:51:48	3:18:42	2.07
2000	5125.792	29.71	1:42:40	3	0:33:41	2:16:21	2.26
1750	2939.402	17.04	0:52:03	3.39		0:52:03	3.39
1500	2315.695	13.42	0:42:56	3.24		0:42:56	3.24
Total :	17.251 Km	100 %	5:44:33 h	3 Km/h	1:25:29 h	7:10:02 h	2.41 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.712	0:08:59	2225	1:23:26	1:23:26	3.712
5.81	0:03:42	2283	2:19:14	0:55:48	2.097
6.264	0:03:16	2352	2:35:10	0:15:56	0.455
6.942	0:10:42 > 10´	2466	2:54:50	0:19:40	0.678
9.641	0:13:44 > 10´	2099	3:58:11	1:03:21	2.699
10.089	0:03:59	2113	4:21:22	0:23:11	0.448
10.786	0:03:31	2194	4:40:54	0:19:32	0.697
10.968	0:03:28	2237	4:48:38	0:07:44 < 10´	0.181
11.183	0:05:17	2310	4:59:31	0:10:53	0.216
11.543	0:02:52	2345	5:10:42	0:11:11	0.359
12.365	0:25:59 > 10´	2470	5:33:25	0:22:43	0.823
Total :	1:25:29 h				

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